

Canolfan Wirfoddol
Ystradgynlais
Volunteer Centre

ADRODDIAD
BLYNYDDOL
2008-2009
ANNUAL REPORT



Elusen Gofrestredig Rhif /
Registered Charity Number:
515094

Ystradgynlais Volunteer Centre 16 Station Road, Ystradgynlais, Powys, SA9 1NT	Canolfan Wirfoddol Ystradgynlais, 16 Heol Gorsaf, Ystradgynlais, Powys, SA9 1NT
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Email/Ebost: ystradgynlais@btconnect.com
Website: www.ystradgynlaisvc.btik.com

Public Opening Times: 10am - 3pm
Monday to Friday

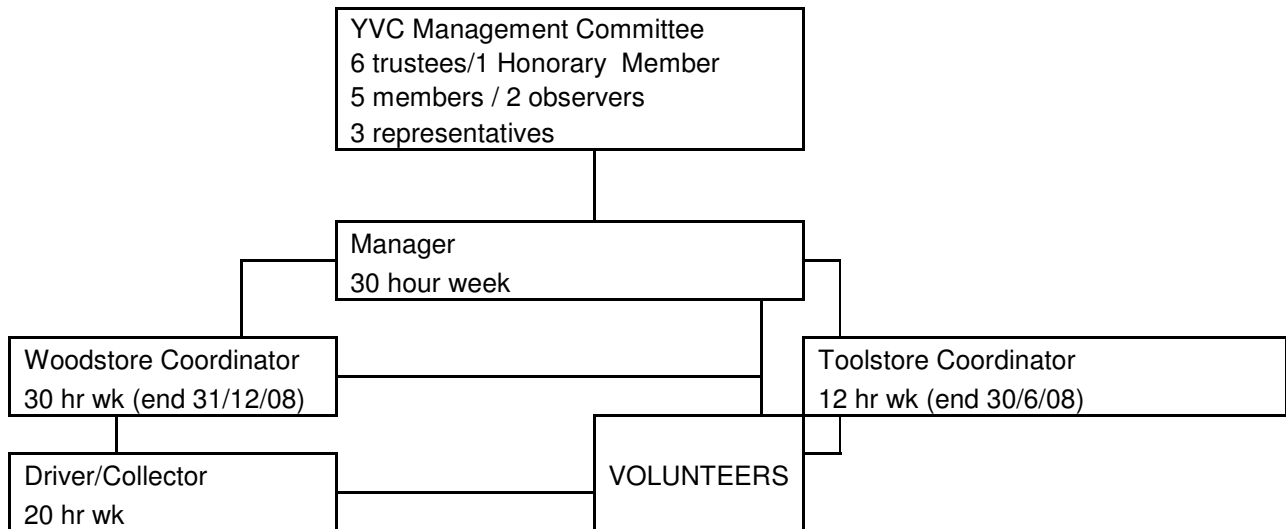
Oriau Agor i'r Cyhoedd 10yb i 3yp
Dydd Llun i Ddydd Gwener

Management Committee Members 2008-2009:

- Chairperson:** Jeff Palmer (resigned due to ill health Oct08)
Replaced by John Steadman (wef Oct08)
- Vice Chairs:** John Steadman & Ann Thomas (retired Mar09)
Replaced by Margaret Thomas
- Treasurer:** None appointed (staff will coordinate accounts)
- Minutes Secretary:** Caroline Bull
- Honorary Member:** Barbara Gates
- Trustee Members:** Ann Thomas Betty Rae Watkins
Hywel James John Steadman
David Harris Jeff Palmer
- Members:** Eleri Jones (Craig y Nos Country Park)
Carolyn Bell (community member)
Karen Bayliss (community member)
Gerald King (volunteer)
Derek Hare (volunteer)
- County Council Rep:** Councillor Susan McNicholas –appointed Dec07
- Town Council Rep:** Councillor Margaret Thomas
- Independent Observers:** Elaine James (Octopus Project)
Judy Webb (volunteer)
- Staff Rep:** Caroline Bull (Volunteer Centre Manager)
- Project Staff for information** Phil Pope (to 30Jun08) Gary Pearson (to 31Dec08)
Colin Boulton
- Minutes sent for information only to:**
- County Council Consultant:** Gail Jones, PCC Social Care Services, Llandrindod Wells
- Social Services Rep:** (Adult Care Services), Social Services, Ystradgynlais
- Health Services Rep:** Carol Jones, Hospital Administrator, Ystradgynlais Community Hospital

Structure Chart @ 31/3/09:

YSTRADGYNLAIS VOLUNTEER CENTRE



Recycling Manager post Starts May09

The Ystradgynlais Volunteer Centre is an independent registered charity and an unincorporated association. It was first registered with the Charity Commissioners as such in March 1984. 2009 is our 25th year.

The Management committee meet each month with the Manager to review the previous month's activities, with projects, within the office environment and discuss anything necessary for the forthcoming period. Decisions are made collectively here but the Manager can call on trustees for assistance at other times if necessary. Sub committee meetings are held by smaller groups as deemed useful by the Manager to deal with any specific issues or incidents as they arise. There are sub committees for:

Building and Maintenance	Personnel and Policy
Finance and Funding	Recycling
Fundraising Activities and Events	

In most cases, the Manager has the authority to make invoice payments, order equipment and stationery within reason, co-sign cheques to run projects, and organise promotional and fundraising activity and events, as well as recruit and support the volunteers who assist with all these.

The aims and objectives of the YVC are:

- To recruit, train, place and support volunteers, and where possible match with local clients in need
- To promote volunteering opportunities through the Centre, for local projects and other groups locally, further afield and through the Wales wide website – www.volunteering-wales.net
- To provide resources for community use, including room hire, promotion of activities and events, photocopying, fax, laminating, PC and some admin assistance
- To assist with initiating new ideas and projects for the benefit of the local community

Many of the necessary and most obvious policies and statements are in place from Health & Safety, Vulnerable Persons, Reserves, and Risk Assessment to Environmental, Grievance, Confidentiality and Data Protection. These are reviewed at least annually and we work with other volunteer bureaux, community supports and trustees within the Powys Network to assist in keeping these up to date and relevant.



Report by the Chair Person: 01 April 08 - 31 March 2009

Firstly, thank you to Jeff Palmer who started the financial year as our Chairman, but through ill health had to resign in October 08. We have had a mix of ups and downs this year, but as 2009 is our 25th year, the highs have outweighed the lows.

Volunteer numbers, hours given, opportunities available, and partnerships made, have all increased thanks to the hard work of the staff and volunteers at the Volunteer Centre. Students from Maesydderwen School have worked hard in their spare time and the statistics produced through the Millennium Volunteers programme compare very favourable with the rest of the Powys bureaux. Other young volunteers aged 16-25 also joined the scheme and have contributed to their community very positively.

The recycling projects have continued to grow; we moved units into a larger working area; and fortunately new funding has continued to support both the tools and the woodstore. The items being made are a credit to the team who produce them and sales have increased too. Lots more tools have also been refurbished and sold, as well as being sent up to Crickhowell to pass on to new working groups in Tanzania through TFSR. The Board have been in talks to secure a lease and move the projects into the former Remploy premises but this hasn't yet materialised. When we do, it will be a major turning point for the Volunteer Centre and a new direction for us as a trading arm of the Centre and a new social enterprise. Hopefully this will be more good news to report on next time.

John Steadman, Chair Person.

ANNUAL REPORT April 2008 – 31 March 2009

Funding for the YVC and its projects:

Between core, running and project costs, restricted and unreserved funding, the following have helped to support us (and are listed in no particular order):

WCVA / PAVO – Volunteering in Wales Fund) Joint Partnership
Powys Local Health Board) Funding for Core
Powys County Council - Social Care) Volunteer Work

Significant donations/contributions:

The YVC continues to support Ystradgynlais Family History Group by promoting and selling local photographic views on magnets, keyrings and coasters for a donation. Several individuals have kindly made various donations to the YVC through the year in recognition of various assisted community services. A *Giftaid* claim was made to HMRC covering 01/4/08-31/3/09 and we received a payment for £45.03

All donations made are listed as received and kept on file within the office.

Project Grants (in no particular order)

Powys County Council)	Ystradgynlais Community Strategy
PAVO RCA)	local forum Secretariat costs
Lloyds TSB Foundation		manager salary contribution
Yapp Charitable Trust		YVC befriending
Garfield Weston		YVC general
WCVA Russell Commission		Promotional dvd Youth project
Ystradgynlais Town Council		YVC volunteering
PAVO Spirit II		YVC volunteering
PAVO Can Do grant		YVC promotional items

Recycling Projects specific:

PAVO Spirit II	Woodstore
Communities First Ystradgynlais	Woodstore
Glantawe Lions	core funding Woodstore
Trusthouse Charitable Trust	salary funding Woodstore
Communities First Trust Fund	Woodturning group accessories
Community Foundation in Wales (Wales & West Utilities)	Woodstore project
Community Fund Cooperative	Woodstore fuel

With grateful thanks to all the Trusts and Charitable funders who have given their support and had faith in us this year.

Add logos of funders here

WCVA / PCC / PAVO

Comm 1st / LHB

Lloyds TSB / Yapp Charitable Trust

Garfield Weston / Russell Commission / Town Council

/ Glantawe Lions / Trusthouse Charitable Trust / CFiW –

Wales & West Utilities / Coop

Highlights - Activities / Events Held :

Awareness and support :

Cwmtwrch Hall auctions	Cwmtwrch Annual Plant Sale
Annual Art & Craft Christmas event	Owain Glyndwr Festival
Swansea Green Fayre	Aberafon Centre Port Talbot
Adult Learners Event (Coleg Powys)	Car Boot Sale @ St Cynogs
Crafts & Cream Tea @ Maesydderwen	Healthy Lifestyle Day
Wiltshire Farm Foods Tasting event	Coleg Powys Internet event
Family Fun Day @ Penycae	Carols at the Welfare Hall
Macmillan Cancer Care coffee morning	PAVO Social Enterprise event
Volunteers Support & Training lunch at Ynyscedwyn Arms	

Some Working Partnerships/Groups Supported :

A4E return to work placements;	Glantawe Lions;
Penrhos Tenants & Residents Association;	Youth Offending Team;
Maesydderwen 6 th Form;	British Lung Foundation;
Powys Probation Service;	Powys Training;
Ystradgynlais Family History Group;	TFSR Cymru & Nationally;
Nightingales Domiciliary Care;	Cartrefi Cymru;
Ystradgynlais & District Transition Towns	Powys Challenge;
Delyth Davies of the former Countrystore;	Ystrad Media Trust;
PAVO funding surgeries	Brecon Credit Union
Powys Carers	MIND Contact group
National Community Wood Recycling Project	

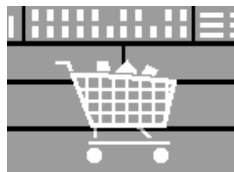
Presentations made to:

Soroptimists Groups in Breconshire, and Neath Port Talbot; Tawe Ladies; Mothers Union; Ainon Chapel; Maesydderwen School 6th form; Crai WI;

Ongoing activities:

Monthly art & craft promotion, with coffee morning;
occasional market stall for promotion and sales at Ystrad Welfare Hall;
fortnightly stall (part year) at Glynneath Town Hall,
various summer fetes locally.

Room Hire has been offered long term and ad hoc to various groups active in the Ystradgynlais area, and we have been fortunate to have spare rooms upstairs available for use. Some have included the Youth Offending Team; Powys Challenge, Nightingales Domiciliary Care, Brecon & District Credit Union, MIND, ReUse, Powys Carers, Barnardos, Cartrefi Cymru, Victim Support, and the Larches. A new and emerging Transition Towns Initiative group is also meeting at the Centre as it proceeds towards its aim.



Projects:

Arts and Crafts

The Clwb Creadigol - Creativity Club continues although it has been slower this year. The annual November event was again very successful with over 250 people and 37 stalls. It is now a set diary date and a good promotional and fund raising day for the Centre as well as local people with their crafts. We have also held art & craft days on the first Tuesday & Wednesday of each month, for local crafters to display and sell their wares, at the Ystradgynlais Volunteer Centre. Thanks again to those clever crafty volunteers who have continued to support us with time and energy on this project.

Work Experience

We continue to assist with short term work based placements when we can through Powys Training, Maesydderwen School and the Job Centre related A4E project.

Millennium Volunteers Programme

We again worked with the new input of 6th form at Maesydderwen School from September 2008. We interacted with and recruited 28 young volunteers who signed up to the *Millennium Volunteers Programme* this year. Several have gained certificates for various hours given (they are issued in 50, 100 and 200 hour denominations). This project has proved advantageous for the school, the students, the community and the Volunteer Centre. Thanks must be given this year to Mr Ward Jones at school as well as those volunteers who achieved results and definitely assisted within their local community during the year. To date:

Dates	Number of Young Millennium Volunteers	Hours Completed	Certificates Issued
Sept07-31/3/08	29	1279	3
01/4/08-31/03/09	28	1102.75	27
TOTALS	VOLUNTEERS 57	HOURS 2381.75	30

These figures also include other young volunteers (aged between 16-25) who have offered their time to volunteer in the local community, as well as a couple of school leavers and two students from Ysgol Gyfun, Ystalyfera.

Network News

The local directory was updated, reprinted and circulated in April 2007 last. Several volunteers utilised 150+ hours to achieve this and it has been distributed to over 175 groups locally. It has become a useful contact and networking list for the many users locally and within other areas of Powys. It is usually reprinted within an 18 month period.

Promotion

A dedicated volunteer (Jon) has continued to develop our own website to promote and showcase the YVC, see www.ystradgynlaisvc.btik.com and we continue to trade on ebay as another form of fundraising. With a *PAVO CAN DO* grant we have updated our display tables, bought a digital camera and display board/banner for the Centre. We also had a great leaflet produced and printed this year that promotes the Centre and our services clearly and colourfully. My personal thanks must go to *Eddie Webb of Insynch* for his input, expertise and advice. We have also attended 6 or more summer events which have enabled us to promote our services, volunteering opportunities and offer sales of tools and timber products. Some things just get better. Thank you!

Hospital Trolley Service

Starting in January 2005 and with the help of the *Yapp Charitable Trust* (for three years to June 2009), a mixed team of up to 10 people run this service at the community hospital on weekdays. The Social Services Day Services Team run the trolley on Tuesday and Thursday when a carer works with adults with learning disabilities, and on Monday, Wednesday and Friday another team of volunteers share the rota. Between them all we have covered 500+ hours walking the corridors at the hospital this year, offering a friendly face for some long term patients as well as providing confectionery, toiletries and snacks. All funds raised are passed back to the Friends of the Hospital who run the shop within the hospital.

'Scootabout' Mobility Project

YVC has two 4 wheel battery powered scooters for hire around the community. Our first member joined on 20th March 2006 and we now have 33 recorded members at 31/3/09. We proudly announced we were the first scooter scheme in Powys, and have since joined Shopmobility Wales. We are often asked to assist clients with enquiries about scooter maintenance and purchase choices. Some clients have gained in confidence at their independence and even bought their own scooter since. We also offer the hire of a manual or self propel wheelchair for holidays or weekend use, and can signpost towards other aids and adaptations when asked.

COPD-Lung Disease Project

Thanks to *PfizerUK Foundation* a grant has enabled the Centre to work to raise awareness, share stories and arrange social trips with others locally who suffer with COPD (Chronic Obstructive Pulmonary Disease). There are an estimated 500+ people with some form of lung disease in the area

registered at the local practice, and we have been liaising with the Respiratory Nurse and the Neath Valley Breathe Easy group to try to raise awareness of the disease and enable people to access more helpful information. It has been an uphill struggle, and slow to progress, but we are continuing with the project; we are now working with the local British Lung Foundation office in Llandarcy to kickstart the project again.

Nail cutting Service

This new service started in Nov08 as a working partnership project between the Local Health Board, PAVO, Communities First, Octopus Project, and Age Concern Brecknock. The Volunteer Centre is offering to support the volunteers, insure them, do CRB checks and give the admin support involved to make this a success for the community who need more of this type of basic but skilled service which will also relieve some of the local pressures on the Health Service for the local elderly and disabled. The South Powys Footcare Service is now seen as a model which could be rolled out around Powys and other areas as it proves successful and sustainable.

Recycling Projects

Presentations were made to the Breconshire, and Neath Port Talbot Soroptimists International groups; Crai WI; Glantawe Lions;

Individual Visitors to the projects included local members Kirsty Williams AM, Alun Davies, AM, Suzy Davies, prospective parliamentary candidate; local councillors; TFSR Netley Marsh (Southampton);

Training has included Competency to Use Equipment and Tools; First Aid; and Health & Safety Awareness.

The YVC aims to recycle as much as we can where possible, from plastic, card, paper, and glass within the office; old spectacles, used ink cartridges, batteries, postage stamps, and mobile phones; to scrap metal on the tools project and more recently unwanted timber for reuse. We also work in partnership with JLA Palleg (the recycling & landfill company) who hold their scrap tools and usable pieces of timber for us to collect and reuse, thus saving more items from landfill. All weights are recorded for monitoring and statistical purposes.

Since Nov07 we have a two year Service Level Agreement with *Powys County Council* to claim recycling credits each month at £35 per ton. The YVC also holds a Waste Carriers Licence issued by the Environment Agency. Through our initiatives we aim to improve awareness of the benefits of recycling to the wider local community.

TFSR Ystrad / Tools Project

Although we started in a small way (in June 2004) as a 4th branch to the *TFSR Cymru* group based in Crickhowell, we were fortunate to gain a significant grant from *Powys Zero Waste Ltd* in June 2006 who administer PHD(L) European Union monies. This allowed us to employ a part time (12

hours a week) Workshop Organiser from Oct06–Jun08 which enabled us to grow considerably. We continue to receive many donations of tools to sort, clean, and refurbish. Many are transported to Crickhowell for storage before being shipped to Tanzania each spring in a 20 ton container. We have more recently been able to offer a local key cutting service and a blade sharpening and rehandling service too.

The funding enabled us to offer training to the volunteers – in tool collection, sharpening, rehandling and refurbishing, as well as in Health & Safety and First Aid. We have some machinery for use in the workshop, and we have also been able to visit Crickhowell for training on occasion. The Manager in Crickhowell (Tony Care) also offers advice and guidance to us, for which we are very grateful. Our volunteers gain in self confidence and awareness, improved social skills and make new friends whilst in the workshop, and we have many varied volunteers who enjoy the mix of activities. The toolstore is based in the building at the rear of the Volunteer Centre where we are open for volunteer activity every Thursday/Friday between 9am and 1pm.

We have given presentations on our project and the artisans work in Tanzania, to other community groups in and out of Powys, and gained even more donations of mixed tools in return. We have also attended several agricultural shows and festivals to further promote our project. Some tools are unsuitable to send abroad so we have refurbished them to sell locally which has been good for the local economy and helped raise funds to further assist with project costs.

Ystrad Woodstore-

Powys Zero Waste Ltd also fully funded a new project in April 2007 which enabled us to start a timber recycling project with EU PHD & (L) funds. Initially two part time staff were employed to June 2008 to set up the project and collect and deliver the timber with the use of a pickup vehicle. Unwanted wood is collected to save it from landfill, cleaned and sorted, and made into new and recycled items to sell. From planters, garden furniture, bird boxes and tables, wheelbarrows and bespoke items, many different items have been made and showcased at promotional events around our valley.

The Woodturning group is still running successfully and a *Communities First Trust Fund* grant enabled them to buy a new lathe and accessories to assist in Nov08. From a membership of around 14, at least 6 members meet each week on Wednesday between 6.30-8.30pm. This is a social as well as a skill learning group.

The Woodstore is based at Unit 203 Ystradgynlais Units, Trawsffordd, Ystradgynlais, and is open between 8.30am-1pm Monday-Friday. They can also be contacted separately on 07935303600.

We have worked with youngsters, adults with disabilities, retired and unemployed, some probationers and young offenders on both projects and all have expressed their enjoyment, learning ability, team spirit, and the opportunity to do something different in a practical workshop environment.

The recycling projects through the YVC are members of:

Tools For Self Reliance, Netley Marsh, Southampton - to further the project, share members insurance cover, and receive newsletters keeping us informed of the artisan projects and happenings abroad.

TFSR Cymru, at Crickhowell – for local advice and support, and to pass our tools and sewing machines on to.

Environment Wales, Cardiff – for access to a Development Worker, support, guidance, and funding streams

Cylch - for access to a Development Worker, support, guidance, funding, and national tonnage figures database for Wales.

National Community Wood Recycling Project - one of 20 British timber projects feeding timber statistics into a national database to assist with Government waste figures

We are also raising awareness locally of different ways to reduce, recycle, and reuse; and offer a collection facility at the YVC for some items as listed above.

Volunteer time Spent with the Wood and Tools projects specifically:

TOOLS 2125 hours supplied by 33 volunteers

WOOD 6681 hours supplied by 43 volunteers

Some volunteers have enjoyed spending time on both the projects.

Tonnage collected through donations to the tools and timber projects from householders and small businesses totalled 30.165 tonnes

Tonnage recycled (and therefore not disposed of) through both the tools and timber projects throughout the year totalled 41.876 tonnes

Training:

Various courses offered and taken up by staff, trustees and volunteers this year through CVCs, WCVA and other bodies include:

key cutting training	Appointed Persons First Aid
Portable Appliance Testing x 7	Tax Effective Giving
Forward Thinking & Planning	RDP Launch conference
Inland Revenue day –	Self Employed Returns
	Taxable Gifts & Benefits



Manager's Review:

Time spent on activities:	Volunteer related	20%
	Meetings	10%
	Admin	15%
	Grant Applications	20%
	Community support & projects	30%
	Other including presentations	5%

As Manager my paid hours are always varied, they often include myself volunteering, and also offering assistance with community activity including some time for Communities First, Ystrad ReUse, HLC Octopus Project, for whom I am trustee or Director, to name a few, as well as the division of my paid hours as shown above. It is a shame that so much effort has to be put into fundraising, including making grant applications. This year we have held various promotions and fundraisers, coffee mornings and activities, combined with the day to day running of the Centre.

Several dedicated volunteers have again given many hours, supported new initiatives, and assisted with many fundraising activities throughout the year. Again the Centre (and I) couldn't manage without you, and for that I thank you all for your continued support. Presentations to many local groups have helped raise awareness and improve the profile of our aims and objectives. I think we (staff, trustees, and especially volunteers) have raised the profile of the Volunteer Centre and volunteering admirably within the community and beyond. This year we have continued to work with the partnerships made at Maesydderwen School; several of the student volunteers have achieved outstanding results within the local community and their certificates prove the hours worked which is also in good support of their CV.

The public continues to see our scooters out and about; tool and timber donations continue to come in keeping the project busy, in refurbishing, making and selling the items and all these activities encourage new people to visit and realise what we do.

Unfortunately we will always be reliant on some form of funding assistance, but we are trying to become more sustainable through innovative ideas and fundraising activities. Bank interest rates are really low so even our savings are reduced this year. I appreciate the efforts of all the volunteers who offer their services to help us to help better their community, but it is getting more difficult to find trusts willing to fund ongoing staffing costs to manage these types of projects. Which is why I am proud to say we are still here in

our 25th year – and I have been a part of Ystradgynlais Volunteer Centre for 10 of them. We have also been in our own premises for 5 years now, so 2009 is a significant year for the Centre and me in more ways than one.

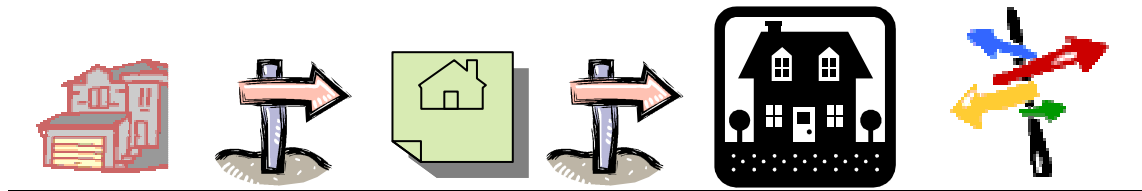
Towards the future:

My last report is still very relevant with various issues needing to be looked at. We have secured funding for another year for all the projects we run from the Centre and have also gained part salary funding for myself, and a new Admin Officer from June09. We are about to sign up as a limited company and social enterprise – Antur Ystradgynlais Enterprises Ltd, we have prospective directors signing up, and are about to sign a lease document to enable a move to the former Remploy site for the recycling projects. Finding long term funding to sustain core and project activity especially in this economic climate is still a challenge.

Finally: Some people have asked why we produce such a full Annual Report and the reply is: we also use this to highlight our achievements and to send to prospective funders. It is the easiest way to keep a record of who we are, what we do and how we do it in an informative way with evidence to back us up! And its all in one place for a year at a time.

Thank you everyone, and I must add especially all my nearest and dearest, who continue to support me, or who become my press-ganged volunteers on demand!

Caroline Bull, Manager



HISTORY of the Ystradgynlais Volunteer Centre

Introduction:

Powys is the largest and most rural county in England and Wales with the highest number of volunteer bureaux and community support offices. The network group of Managers of these Centres is the envy of other areas, especially as networking is extremely important for voluntarily sector growth, serving isolated areas of the community.

Ystradgynlais was one of the first Volunteer Centres to be established in Powys in 1984, and has developed since to where we are today. YVC is one of a network of 12 volunteer bureaux and community support offices in Powys, which operate under individual management committees. The YVC are members of:

PAVO (Powys Association of Voluntary Organisations), Swansea CVC (Community Voluntary Council), Neath Port Talbot CVC, WCVA (Wales

Council for Voluntary Action), Tools For Self Reliance (Cymru) and the national TFSR charity, National Community Wood Recycling Project, Environment Wales, and Cylch.

The Centre:

The Volunteer Centre serves an approximate 5 mile radius around Ystradgynlais, which is home to a population of around 13,000. Although we have a Swansea based postcode, we are at the southern most tip of Powys, our perimeter crosses the borders of Neath Port Talbot, and we also creep into the edge of the Brecon Beacons National Parks area. We have our own website at www.ystradgynlaisvc.btik.com

Support to Others:

All local voluntary groups, clubs and workers are able to use our facilities, leave leaflets, and place posters in the window, etc. We are happy to advertise information for other national, educational, charitable and voluntary organisations. We also offer access to the internet, enabling us to gain information, and to communicate by email with other bureaux and organisations in and around, as well as outside of Powys, very quickly and at a nominal cost. We also have a local slot in the Wales wide volunteering website at www.volunteering-wales.net where we post our volunteering opportunities.

Networking:

The Powys Network of Bureaux and Community Support offices have continued to work together as a team to share experiences, policies, and standard procedures. The Manager of the Centre also sits as a committee member on several local groups where voluntary and community input is an important part of the remit, and where networking can further benefit the volunteers and the community. The YVC produces a Network News directory at approximate 18 month intervals which is distributed to around 175 organisations, voluntary and statutory groups who have local input.



STATISTICS: YVC

01 APRIL 08-31 MARCH 09

Enquiries received at the Centre

= 133

People referred to potential host organisations	=	17
Website enquiries	=	30
Enquiries from young people	=	75
Host organisations receiving MV placements	=	24
Organisations assisted with good practice	=	10 (CRB etc)
Available opportunities on website for local area	=	80

Registered Volunteers (180 @ 31st March 2008), and at **31st March 2009 was 173 of which** 78 were male and 95 were female.

< 18 years old	= 62	Disabled	= 43	8 need extra support
Aged 18 – 25	= 15	Employed	= 26	41 Welsh speaking
Aged 26 – 34	= 15	Unemployed	= 36	
Aged 35 – 50	= 25	Non employed	= 20	3 non white
Aged 51 – 65	= 35	Students	= 69	1 Thai
Aged 65 >	= 21	Retired	= 35	1 Asian

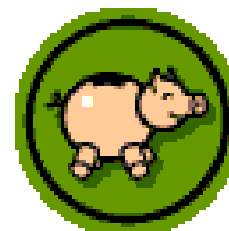
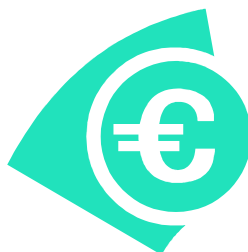
<u>Volunteer Hours Referred By:</u>	
Individuals	= 103
Social Services	= 223
Health Authority	= 215
Voluntary Organisations	= 321
Volunteer Centre	= 1546
Millennium Volunteers	= 1102
Woodstore volunteers	= 6681
Toolstore volunteers	= 2125
Total Volunteer Hours	= 12,316

Over the course of this year, **173 volunteers** gave a total of **12,316 hours** to their local community. This equates to around **71 ¼ hours** volunteering time per person registered in the Upper Swansea Valley area. At minimum wage (£5.75) this equates to a total of **£70,817** in monetary benefit to the community through volunteering.

Volunteers have been active in some of the Volunteer Centre’s own events and activities:

organised sales, and promotions / monthly and annual Arts & Crafts events / Reception Cover / Regular Coffee Morning Helpers / Hospital trolley project / Tools project / Woodstore project / Network News production / Committee meetings

Some volunteers help at more than one event or activity



Banking:

The Ystradgynlais Volunteer Centre holds several accounts locally although the financial statements include everything as one total. We have -

- Treasurer Account HSBC - day to day use
- Business Money Manager HSBC - day to day use
- Community account Lloyds TSB - fundraising only
- Savings account Alliance & Leicester - 'reserves/ building maintenance'
- Community account Barclays - Recycling projects

Thanks are again offered to our accountants Messrs Harvey, Peters & Co, of Pontardawe, who have worked with us to independently examine the accounts – as attached.

add financial statements here

Ystradgynlais Volunteer Centre

Telephone/Fax: 01639 849192 Email: ystradgynlais@btconnect.com

Website: www.ystradgynlaisvc.btik.com

Registered Charity Number 515094

<p>Volunteers required <i>for activities as listed here: learn new skills, have fun, meet new people, add to your CV, and all for FREE! Call in to the YVC and ask for more info.</i></p>	<p>You can visit the YVC for:</p> <ul style="list-style-type: none">Key cuttingPAT testingRoom hireLaminatingFax / PhotocopyingInternet useCard sales for all occasionsBric a brac
<p>ARTS and CRAFTS Clwb Creadigol-Creativity Club</p>  <p><i>meets on 1st consecutive Tuesday and Wednesday of the month. between 10am-3pm at YVC</i></p>	<p>Fundraising Events, Activities/Coffee times are held regularly to raise awareness for the YVC and other groups locally. We have home made cakes, bric a brac and other sales items which have been donated to boost our fundraising. Come and join us and enjoy the friendly atmosphere.</p>
<p>TFSR Ystrad collects unwanted tools locally, and then cleans, sharpens, rehandles and refurbishes them. Some are sold locally, supporting the local economy, and others are passed to Tools For Self Reliance Cymru, for transport to Tanzania to support working artisans. We also offer a rehandling and sharpening service to the local public.</p>	<p>Ystrad Woodstore will collect your unwanted timber offcuts and old wooden furniture, and make it into something new for sale locally. We are working with volunteers to learn new skills, make friends, and gain confidence at the Woodstore. The project also attends fetes/fayres to promote and sell publicly, support the local economy and raise awareness of better recycling locally.</p>
<p>Wheezy..chesty .. do you suffer with difficulty breathing or have any form of lung disease? Contact the YVC to join a social support group for sufferers of any of the above. We aim to offer a meeting place, social trips out, and more information to help you feel better about yourself and your condition. Call us and ask.</p>	 <p>Scootabout We are the 1st in Powys to offer the loan of mobility scooters and manual wheelchairs to the community to promote better independence, mobility and accessibility in the area. Short or regular use available, just call us and ask for details or a trial use.</p>

1984 **25th** 2009

***Ystradgynlais
Volunteer Centre***

